

My Life

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Stages of life

Infancy

Toddler

Early Childhood

Middle Childhood

Adolescents

Early Adulthood



Domains of Development

- Physical Development
- Cognitive Development
- Social-Emotional Development



Infancy
(0-1)



Physical Development

- Born with minor health problems
- Crawling
- Big head, small body



Cognitive Development

- Lack of object permeance
- Crying, babbling



Social-Emotional Development

- Social Referencing
- Recognizing basic emotions
- No identity



Toddler
(1-3)



Physical Development

- Walking without support
- Growing body



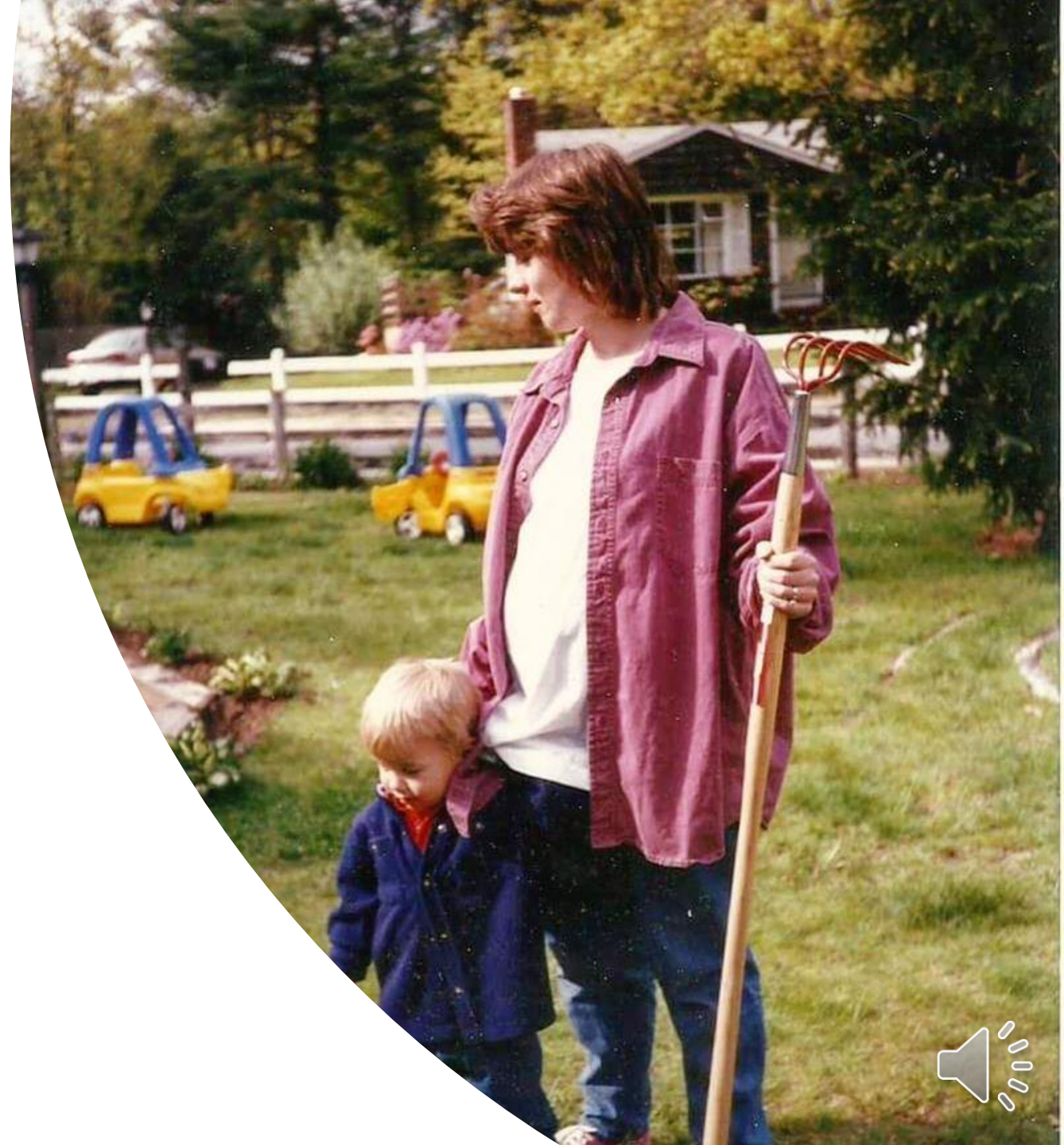
Cognitive Development

- Use imagination and fantasy play
- Talking about situations that happened yesterday



Social- Emotional Development

- Secure attachment
- Observing and Learning



Early Childhood (3-6)



Physical Development

- First tooth was lost.
- Both fine and gross motor movements improved
 - Able to hold the nets
 - Able to walk through the water
 - Catching fish



Cognitive Development

- Egocentrism
- Egocentric speech



Social- Emotional Development

- Act of playing
 - Done for own sake
 - Role reversals
 - Voluntary and spontaneous

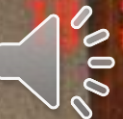


Middle Childhood (6-12)



Physical Development

- Pre-Puberty begins
 - Hormones start to change



Cognitive Development

- Discourse skills
- Reversibility



Social- Emotional Development

- Friendships
 - Best friends
 - Social status

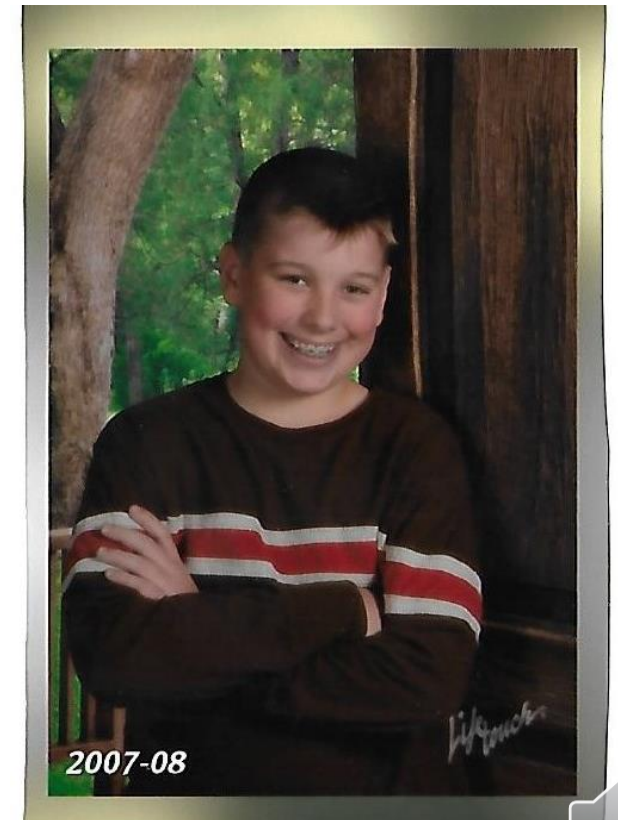
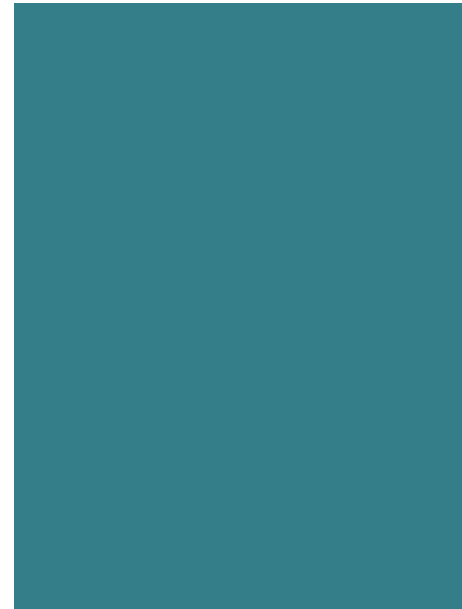


Adolescents



Physical Development

- Puberty begins
 - Later onset, quick transition



Cognitive Development

- Abstract thinking
- Generating multiple solutions to a problem



Social- Emotional Development

- Close knit group of friends throughout highschool



Early Adulthood (18-40)



Physical Development

- College Years- working out more
 - Playing Sports
 - Eating a lot
- After College
 - Less working out
 - Bad eating habits
- Future Goals
 - Eat healthier
 - Get back to a workout schedule



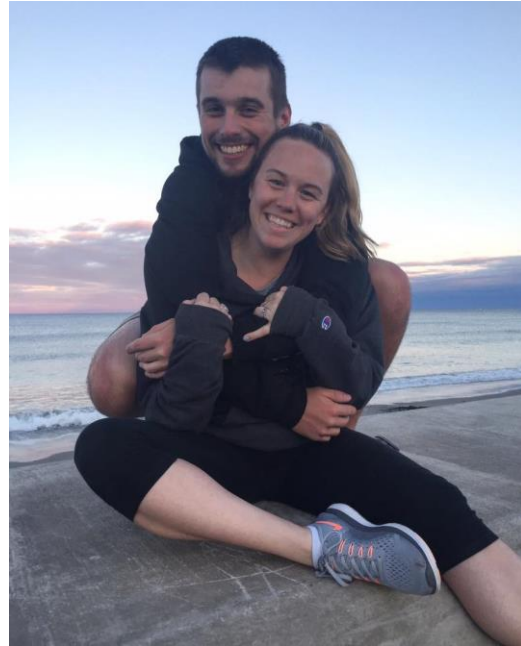
Cognitive Development

- Acquisition of new concrete information
 - Bachelors degree
 - Masters degree



Social- Emotional Development

- New meaningful friendships
- True Identity was found
- Able to regulate emotions more effectively
- Future goals
 - Keep those friendships as well as past
 - Stay true to myself



The End!

